

# Luncheon Menus for Social Gatherings \$30 per guest for a minimum order of 20 guests Add Dessert of Mini Pastries and Tarts for \$5 per guest Add an additional side dish for \$7 per guest

1. Gourmet Luncheon One

Grilled Salmon
With Basil Lime Mint Yogurt Sauce on the side

Green Herbed Rice Salad With Toasted Pine Nuts, Peas and Sharp White Cheddar Cheese

Mixed Greens and Arugula Salad With Cherry Tomatoes, Cucumber, Goat Cheese & Classic French Balsamic Vinaigrette

French Baguette

#### 2. Gourmet Luncheon Two

Citrus Grilled Chicken
With Herb Gremolata on the side

Fingerling and Yukon Gold Potato Salad With Mustard Vinaigrette, shallots, capers and fresh parsley

Romaine and Mixed Greens Salad With Feta, Chopped Toasted Walnuts, Slivered Red Onion And Fresh Orange Sections Poppy Seed Vinaigrette

French Rolls

## 3. Gourmet Luncheon Three

Grilled Salmon OR Chicken Nicoise
Atop Mixed Greens
with Steamed Potatoes, Haricot Vert, Hard Cooked Egg,
Halved Cherry Tomatoes and Black Nicoise Olives
French Shallot Dijon Vinaigrette on the side

Saffron Rice Salad with Vegetable Jewels

Fresh Fruit and Berry Display With Cracked Coconut and Mango Tangy Lemon Curd

Olive Rolls

# 4. Gourmet Luncheon Four

WARM Chicken Jardin
Roulade of Chicken with Julienne of Vegetables and Goat Cheese
With Basil Sauce

Lemon Herb Orzo Salad

Chopped Salad of Fresh Greens and Romaine With Celery, Diced Carrot, Halved Tomatoes, Feta and Red Pepper Buttery Croutons and Lemony Yogurt Dressing

**Brioche Rolls** 

## 5. Gourmet Luncheon Five

Roasted Chicken and Wild Rice Salad With Halved Red Grapes, Water Chestnuts, Slivered Almonds Lemon Scallion Dressing

Warm Mushroom Leek Savory Bread Pudding

Mixed Greens and Baby Spinach Salad With Dried Cherries, Caramelized Walnuts and Honey Balsamic Vinaigrette

Mini Croissants

## 6. Gourmet Luncheon Six

Lime and Ginger Glazed Salmon Garnished with Green Onion Brushes and Pickled Ginger OR

Grilled Chicken with Asian Rub Of Fresh Basil, Mint, Ginger, Garlic, Soy, Dark Brown Sugar Accompanied by Mango Salsa

Sesame-Ginger Noodle Salad With Sugar Snap Peas, Red Pepper Strips, Shredded Napa Cabbage, Scallions And Toasted Sesame Seeds

Fresh Cucumber Salad
With a hint of Chile and Fresh Mint

Mixed Greens Salad With Mandarin Oranges, Toasted Almonds and Ginger Sesame Vinaigrette

#### 7. Gourmet Luncheon Seven

Shrimp Salad
Poached Large Shrimp with chopped Red Onion, Minced Celery, Fresh Dill
a light dressing scented with Dijon

Pasta Pesto Salad
Bow-Tie and Fusilli Pasta with Pesto Dressing,
Peas and Toasted Pine Nuts

Mixed Greens and Baby Spinach Salad With Halved Cherry Tomatoes, Cucumber, Goat Cheese And Honey Balsamic Vinaigrette

Mini Croissants

## 8. Gourmet Luncheon Eight

Poached Salmon Medallions garnished with Fresh Lemon Wedges and Dill With Cucumber Dill Sauce

Quinoa Tabbouleh Salad With Cucumber, Cherry Tomatoes, Parsley, Mint, Scallions And Scented with Lemon and Garlic

Roasted Asparagus with Lemon Caper Vinaigrette

French Baguette

# 9. Gourmet Luncheon Nine

Old Fashioned Chicken Salad Roasted Chicken with a Creamy Herb Dressing tossed with Halved Seedless Red Grapes, Toasted Walnuts and Celery

> Pearl Couscous Salad With Spinach, Tomatoes, Feta, Toasted Almonds, Feta, Fresh Mint and Smoked Paprika Vinaigrette

Crudité of Vegetables Including Baby Carrots, Endive, Cucumber, Asparagus Tips, Red Pepper and Sugar Snap Peas With Honey Curry Dip

Mini Croissants

#### 10. Gourmet Luncheon Ten

Honey and Paprika Roasted Salmon with Corn and Red Pepper Relish scented with Fresh Thyme, Parsley and Green Onions

Mango Pearl Couscous Salad With Cucumber, Red Onion and Lime Honey Cilantro Dressing

Kale Chopped Salad
With Chard, Mizuna and Romaine Chopped with Broccoli, Radish, Dried Cranberries, Fresh
Orange Sections, Spring Onion And Toasted Almonds
Dijon Orange Dressing

Multigrain Baguette

## 11. Gourmet Luncheon Eleven

Balsamic Glazed Grilled Chicken Sliced
On a bed of Arugula surrounded by Boccocini Mozzarella, Fresh Basil and
Halved Cherry Tomatoes

Sweet Corn Pudding with Fresh Basil

Italian Marinated Mushroom Salad With Artichoke Hearts, Oven Roasted Tomatoes and Arugula

Sourdough Rolls

# 12. Gourmet Luncheon Twelve

Maryland All Lump Crab Cakes, Pan sauteed with Remoulade Sauce on the side (\$8 per person surcharge)

Warm Gruyere and Cheddar Macaroni and Cheese

Mixed Green Salad With Cucumber, Tomato, Shredded Carrot and Radish Balsamic Vinaigrette

**Brioche Rolls** 

#### 13. Gourmet Luncheon Thirteen

Warm Chicken, Asparagus and Mushroom Baked Crepes With Sauce Bechamel

Curried Couscous Salad with Yogurt Dressing tossed with Carrot, Italian Parsley, Dried Currants, Almonds, Scallions

Green Goddess Chopped Salad Fresh Greens with Tomato, Cucumber, Chopped Egg and Radish With Herby Green Goddess Dressing on the side

French Baguette

## 14. Gourmet Luncheon Fourteen

Warm Shrimp Newburg, In a light Sherry Scented Cream Sauce Atop Orzo Pasta with Fresh Parsley

Kale and Chard Gratin
Baked with a Gruyere and Parmesan Bechamel And topped with Buttery Breadcrumbs

Baby Spinach and Mesclun Salad With Sweet and Spicy Pecans, Crumbled Gorgonzola and French Vinaigrette

**Brioche Rolls** 

# 15. Gourmet Luncheon Fifteen

Grilled Chicken sliced With Avocado Lime Coulis

Quinoa and Broccoli Salad With Golden Raisins, Sharp Cheddar, Toasted Pumpkin Seeds and Scallions

> Beet Salad with Feta Cheese, Cilantro And Citrus Balsamic Vinaigrette

> > Multi Grain Rolls

#### 16. Gourmet Luncheon Sixteen

Spinach, Tomato, Gruyere and Parmesan Baked Egg Strata

Orzo Salad with Roasted Sweet Potatoes, Caramelized Onions, Swiss Chard and Fresh Ginger

> Fresh Fruit and Berry Display With Cracked Coconut and Mango Tangy Lemon Curd

> > Challah Rolls

## 17. Gourmet Luncheon Seventeen

Seafood Casserole Shrimp, Scallop and Crab baked with Creamy Long Grain Herbed Rice Topped with Buttery Breadcrumbs

Roasted Green Beans with Haricot Vert

Mixed Greens and Baby Spinach Salad With Halved Cherry Tomatoes, Cucumber, Goat Cheese And Honey Balsamic Vinaigrette

French Baguette

₹ 18. Gourmet Luncheon Eighteen

Cobb Salad
Composed Salad of Roasted Turkey
Atop Mixed Crispy Greens with Tomatoes, Crumbled Bacon,
Hard Cooked Egg and Blue Cheese Crumbles
Avocado Dressing

Chilled Spanish Gazpacho Soup

Fresh Fruit and Berry Display With Cracked Coconut and Mango Tangy Lemon Curd

Corn Bread Squares